

Zone 6 inner

Section 1, Erith to Barnehurst

Distance: 3.73 mi, 5.79 km

Introduction

This is a straightforward section. It consists of several open areas, joined together by suburban streets. There are a few pubs along the way, but you will be lucky if you find any of them serving food. However, there are also takeaways of various sorts available.

Directions

Turn right out of Erith station, and follow the road round to the left through the underpass.

Turn right at the roundabout.

Turn left into Walnut Tree Road and then cross Erith High Street into Riverside Gardens.

Immediately go up the steps on the left, and follow the lower walkway alongside the Thames.

After a left bend and a short ramp down, carry straight on (leaving the Thames Path) and then round to the left to reach a back road.

Follow this through a line of bollards and then turn right.

Turn right along the main road.

Take the cycle track on the left, just before The Ship.

Keep straight ahead after going through the underpass.

Just before no. 26A, take the footpath on the left.

Keep left at the next two junctions.

After a right bend, go straight ahead.

At the end, turn left.

Follow the road round to the right to a T junction.

Cross the main road.

If you are feeling adventurous, go through the gates straight ahead, follow the track to the end, then turn right. However, this may prove too difficult. If so, instead turn right, then left into Riverdale Road.

At the end, carry straight on into Holly Hill Open Space.

Climb the hill.

Near the top, bear left through a gap in the trees.

Bear left again and descend, with a housing estate above on the right and trees below on the left.

At the road, turn left, then right alongside a stream on your right.

At the next road, turn left.

At the T junction, cross the road and turn left up a ramp.

At the top, bear right.

Keep straight ahead along a residential road.

At the end, cross the road and carry on along the path opposite offset to the left.

At the T junction turn left.

After the staggered barriers turn sharp right.

Take the next left, Sussex Road, and carry on along a short footpath.

Keep straight ahead into Byron Drive.

At the end, turn right.

Take the next left, which is Dalmeny Road.

At the end, turn right.

Take the footpath on the left, between nos. 75 and 77.

At the end, turn left, and carry on along the tarmac path to the left of the school.

After a left bend, bear left onto a narrower tarmac path.

Leave the park, cross the main road, and go straight ahead along Windemere Road.

Take the footpath on the right, between nos. 28 and 30.

Go straight across the next road.

Barnehurst Station is straight ahead.